

Sue Henneberry: The Capital Trail is just amazing because it's got so many different things to offer people.

I'm an amputee, and I'm actually an athlete.

Sportable is a non-profit for adaptive sports. It allows people like myself or others to take part in activities of any kind of sport that we want to learn or try.

For Dominion Energy to be able to help give access to the Capital Trail, it means the world to me. I can now do things that I never was able to do before, and you couldn't do that without the Capital Trail.